

Safety First

Studying abroad can be a fantastic experience and you should do everything you can to make the most of your time abroad. However, as well as having lots of fun you need to be aware of some of the risks and responsibilities that you can encounter when you plan to study or do an internship abroad.

Please inform yourself in good time about health and safety precautions. Please note that the participation in a mobility or scholarship program abroad is at your own responsibility and risk.

Therefore, we would like to provide you with some links and important information on how to stay safe during “the best time of your life” (this list is not intended to be exhaustive):

Before Mobility

Insurances

Please take enough time to inform yourself about the necessary insurances for your stay abroad.

Health Insurance

In all EU countries including Iceland, Liechtenstein, Norway, and Switzerland, the European Health Insurance Card (EHIC) provided by your public health insurance is valid. You can identify an EHIC by the EU flag (circle of stars) that appears on the reverse side. Further information regarding this can be found on the website [of the European Commission](#).

Students with private health insurance coverage should contact their health insurance provider in advance of travel to clarify the scope of their coverage while abroad.

For destinations outside of Europe, you will need to make a health insurance with a private health insurance provider.

Further Insurance

In addition, it is advisable to take out an accident, a personal liability travel, a luggage and a return travel insurance. You may obtain the combined insurance through the [DAAD](#). It is also advisable to inform yourself, if the host university itself needs specific insurance coverages so you can get registered.

Note for Interns and Employees

Interns must take out personal liability, health and accident insurance valid in their country of destination.

Medical students as well as employees who are visiting a partner university in the framework of research or teaching mobility, should inform themselves regarding necessary insurance coverage in their respective receiving organization before their stay abroad.

Medical students should check their insurance coverage in advance, as some insurance companies do not cover claims that are covered by doctors' professional liability insurance.

Travel warning

Please inform yourself, if your insurance is still liable when you will be travelling to a country with travel warning from the Federal Foreign Office

Vaccination

Please inform yourself in advance about medical matters regarding your planned journey and the necessary vaccinations for your destination, and if necessary, take along a personal first-aidkit. Vaccinations are especially recommended for stays in certain countries. Consult the Internet or your family doctor.

Further information can be found on the website of the [Federal Foreign Office](#).

In Munich itself, you can contact the [Tropical Institute](#). The institute offers expert advice and the necessary vaccinations.

Safety

You can find information about the current safety situation in your host country on the pages of the [Federal Foreign Office](#).

You should register with the “Krisenvorsorgeliste” of the Federal Foreign Office. This is voluntary, but the ministry encourages you to register so that you can be contacted in case of emergency ([register electronically](#)).

A good opportunity to inform yourself about the safety situation in the host country is to read the [travel reports](#) of former exchange students.

Furthermore, it is recommended you make a copy of all important documents (passport, visa, insurance, etc.) and leave some copies at relatives, friends or store them digitally.

Please note that behavior permissible in Germany could be frowned upon or prohibited abroad. To avoid such situations, inform yourself about applicable laws and practices in your host country.

During the mobility

We strongly advise you to regularly visit the current website of Federal Foreign Office on the security situation during your stay abroad. You can either subscribe to the county-specific newsletter or install the [app](#).

Please keep the emergency telephone number of your host university to hand as well as useful contacts and addresses should you run into any difficulties. It is also advisable to note the telephone number and address of the nearby Germany foreign representation.

If you do get into trouble while staying abroad, or want to return home from your overseas stay due to changed security situations or a travel alert by the Federal Foreign Office, please contact your program coordinator in the host country and inform the TUM Global & Alumni Office immediately. It is also possible to contact the German Consulate and German Embassy in the host country.