

Travel and safety information

When preparing for your stay abroad, you should also keep in mind your **health and safety**. Please inform yourself in good time about health and safety precautions. Please note that you are responsible for yourself.

We have summarized important points here:

Before Mobility

Insurances

Please take enough time to inform yourself about the necessary insurances for your stay abroad. Erasmus+ interns must take out personal liability, health and accident insurance valid in their country of destination. In addition it is advisable to take out travel insurance including luggage and return travel insurance.

Health Insurance

In all EU countries including Iceland, Liechtenstein, Norway, and Switzerland, the European Health Insurance Card (EHIC) provided by your public health insurance is valid. You can identify an EHIC by the EU flag (circle of stars) that appears on the reverse side. Further information regarding this can be found on the [webpage of the European Commission](#).

Those with private health insurance coverage should contact their health insurance provider in advance of travel to clarify the scope of their coverage while abroad.

Combined DAAD group insurance

Furthermore, you may also obtain combined health, accident, and personal liability insurance as well as luggage insurance through the DAAD (Policy 720). For more information, visit the [website of the DAAD](#).

Note for Interns and Employees

Medical students as well as employees who are visiting a partner university in the framework of research or teaching mobility, should inform themselves regarding necessary insurance coverage in their respective receiving organisations before their stay abroad.

Medical students should check their insurance coverage in advance, as some insurance companies do not cover claims that are covered by doctors' professional liability insurance or can only be covered by this.

Vaccination

Please inform yourself in advance about medical matters regarding your planned journey and the necessary vaccinations for your destination, and if necessary, take along a personal first-aid kit. Vaccinations are especially recommended for stays in certain countries. Consult the Internet or your family doctor.

Further information and links on the subject of travel and health can be found on the website of the [German Federal Foreign Office](https://www.auswaertiges-amt.de/de/ReiseUndSicherheit/reise-und-sicherheitshinweise/reisemedizin):
<https://www.auswaertiges-amt.de/de/ReiseUndSicherheit/reise-und-sicherheitshinweise/reisemedizin>

In Munich itself you can contact the [Tropical Institute](#). The institute offers expert advice and the necessary vaccinations.

Safety

You can find information about the current safety situation in your host country on the pages of the [Ministry of Foreign Affairs](#).

Furthermore you can register with the "Krisenvorsorgeliste" of the Ministry of Foreign Affairs. This is voluntary. The ministry encourages you to register so that you can be contacted in case of emergency. You can also register electronically [here](#).

Students who are going to study abroad or to do an internship should also read the travel reports of former exchange students to inform themselves about the situation in the host country.

Furthermore it is recommended you make a copy of all important documents (passport, visa, insurance, etc.) and leave some copies at relatives or friends or store them digitally.

During the mobility

We strongly advise all outbound students to regularly visit the current website of [Federal Foreign Office](#) on the security situation before and during their stay abroad.

Please note that behavior permissible in Germany could be frowned upon or prohibited abroad. To avoid such situations, inform yourself about applicable laws and practices in your host country. Please keep the emergency telephone number of your host university to hand as well as useful contacts and addresses should you run into any difficulties.

If you do get into trouble while staying abroad, or want to return home from your overseas stay due to changed security situations or a travel alert by the Federal Foreign Office, please contact your program coordinator in the host country and inform the TUM Global & Alumni Office immediately. It is also possible to contact the German Consulate and German Embassy in the host country.